

## Clean Week 2023 at Holy Trinity Cathedral

During the first week of Lent, called "Clean Week," our Holy Church gives us a strenuous course of fasting, prayer and church services, unparalleled in beauty and power, to help us learn true repentance, as opposed to guilt. To begin with, we fast as strictly as we can on the first three days of Lent. Then, on Wednesday evening, we will have an opportunity to receive Holy Communion at the Liturgy of the Presanctified Gifts and be strengthened, and then have a modest meal in the Hall. Those who receive Holy Communion are asked to prepare themselves by fasting (at least from noon), praying the Prayers before Communion, and a recent confession.

**Sun. Feb. 26:**

**6:00 pm Forgiveness Vespers**

*Parking available at St. Brigid's Sunday*

**Clean Mon. Feb. 27:** 7:00 am Matins

12:00 noon Lenten Hours & Confessions

6:00 pm Compline with Great Canon of St. Andrew

*Parking available at St. Brigid's for evening*

**Clean Tue. Feb 28:** 7:00 am Matins

12:00 noon Lenten Sixth Hour @ USF

6:00 pm Compline with Great Canon of St. Andrew

*Parking available at St. Brigid's for evening*

**Clean Wed. Mar. 1:** 7:00 am Matins

6:00 pm Liturgy of the Presanctified Gifts  
followed by Lenten potluck supper

*Parking available at St. Brigid's for evening*

**Clean Thu. Mar. 2:** 7:00 am Matins

6:00 pm Compline with Great Canon of St. Andrew

*Parking available at St. Brigid's for evening*

**Clean Fri. Mar. 3:** 10:30 am Liturgy of the Presanctified Gifts

**Sat. Mar. 4:**

9:30 am Divine Liturgy

6:00 pm Vigil followed by Confessions

*Parking available at St. Brigid's for evening*

**Sun. Mar. 5:**

**First Sunday of Lent. SUNDAY ORTHODOXY.**

9:00 am Baptisms & Divine Liturgy

followed by fellowship hour

*Parking available Sunday morning at St. Brigid's*

6:00 pm Sunday of Orthodoxy Vespers at Holy Trinity

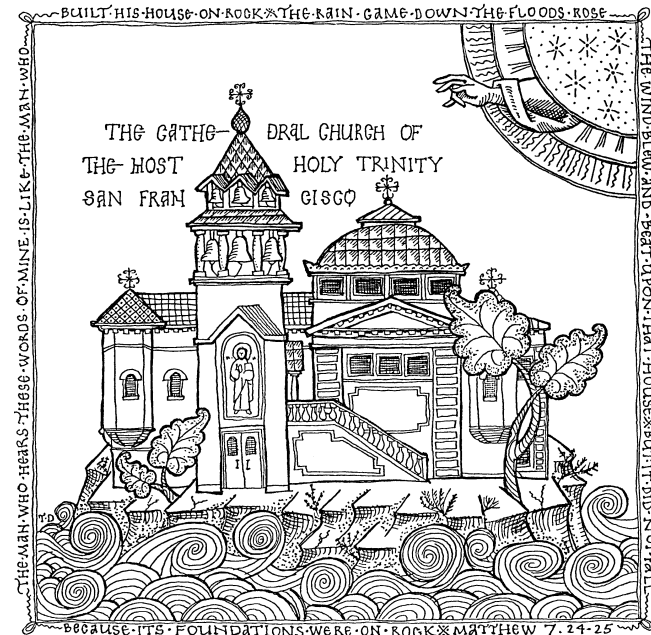
Greek Orthodox Church, Brotherhood Way

### Contact Fr. Kirill

Question? Want to talk? Or be on our email list?

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## Holy Trinity Cathedral



## Sunday, February 26, 2023

Most Reverend Benjamin,  
Archbishop of San Francisco and the West

Very Reverend Dr. Kirill Sokolov, Dean

1520 Green Street  
San Francisco, California  
[holy-trinity.org](http://holy-trinity.org)

Orthodox Church in America  
Diocese of the West

We are delighted to be together with you in worshipping the Holy Trinity.  
Welcome!

## Today's Epistle

Rom. 13:11-14:4

## Today's Gospel

Matt. 6:14-21

## Sunday of Cheesefare. Expulsion of Adam and Eve from Paradise.

### Forgiveness Sunday.

St. Porphyrius, Bishop of Gaza (AD 420)

Tone 4.

## Today's Epistle

Romans 13:11-14:4

Brethren: Besides this you understand that it is now time for us to awake from sleep; for now is our salvation nearer to us than when we first came to believe. The night is far spent, the day is at hand. Let us therefore cast off the works of darkness, and let us put on the armor of light. Let us walk in decency as in the daylight, not in revelry and drunkenness, not in debauchery and wantonness, not in strife and jealousy. But put on the Lord Jesus Christ, and make no provision for gratifying the desires of the flesh.

If a man is weak in faith, welcome him without arguments over opinions. For one believes that he may eat all things, while the weaker man eats only vegetables. Let him who eats not despise the one who does not eat; and let the one who does not eat not judge him who eats; for God has welcomed him. Who art thou to judge another's servant? It is before his own master that he stands or falls. But stand he will; for God is able to make him stand.

## Today's Gospel

Matthew 6:14-21

The Lord said: "If you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses.

"Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

"Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

## Announcements

- **Welcome Guests and Visitors.** We are delighted to have you join us at our service today in worshiping the Holy Trinity. Please take a moment after the service to introduce yourself to our pastor, Father Kirill. You are cordially invited to join us for coffee and fellowship after the service. We would love to greet you and answer any questions.
- **Begin with forgiving your brothers and sisters:** *We begin the Great Fast tonight, February 26, with Vespers at 6:00.* Before we enter the Lenten fast, we are reminded that there can be no true fast, no genuine repentance, no reconciliation with God, unless we are at the same time reconciled with one another. We do not travel the road of Lent as isolated individuals but as members of a family. Our asceticism and fasting should not separate us from our fellow humans but link us to them with ever stronger bonds.
- **Baptisms:** We are grateful to God for those who are finding the Orthodox Christian Faith and a spiritual home here. In the coming weeks we will be welcoming new friends as Catechumens. Next Sunday, God willing, we'll have the Baptisms of John (Scott) Klaus and John (Dylan) Finkbeiner as we begin our Lord's Day at 9 am.
- **Don't Miss!** We are planning our [Annual Lenten Retreat on Saturday March 18.](#) Fr. Dn. Vitaly Permiakov, Ph.D., assistant professor of Liturgical Theology at St. Vladimir's Seminary, will help us discover the liturgical theology present in the hymns and prayers of Lent and Holy Week. Please see the retreat flier and register today [holymtrinity.org/events](http://holymtrinity.org/events)



## Many Years!

### Anniversaries:

Baptisms of John & Alexandra Martin  
(Feb 28)

Wedding Anniversary of  
Deanna & Steven Micros (Mar 3)

### Birthday:

Maria Manasievici (Feb 27)  
Seva Anderson (Mar 3)

## Welcome & Thank You

Welcome guests and visitors!  
Please join us for coffee and lunch after the Divine Liturgy. We look forward to saying hello.

Thanks to Katherine S. for organizing today's Cheesefare Feast!