

## Announcements

- **Welcome Guests and Visitors.** We are delighted to have you join us at our service today in worshipping the Holy Trinity. Please take a moment after the service to introduce yourself to our pastor, Father Kirill. You are cordially invited to join us for coffee and fellowship after the service. We would love to greet you and answer any questions.
- **Let's start the journey to Pascha together.** Forgiveness Vespers will be Sunday, February 26 at 6 pm. Let's all start the Fast all together!
- **Don't Miss!** We are planning our Annual Lenten Retreat on Saturday March 18. Fr. Dn. Vitaly Permiakov, Ph.D., assistant professor of Liturgical Theology at St. Vladimir's Seminary, will help us discover the liturgical theology present in the hymns and prayers of Lent and Holy Week. Please see the retreat flier and register today [holy-trinity.org/events](http://holy-trinity.org/events)
- **Summer Camp Registrations Open** for both [campers](#) and [volunteers](#).

## This Week at Holy Trinity Cathedral

Diocesan Council Meetings are being held here Tuesday and Wednesday.

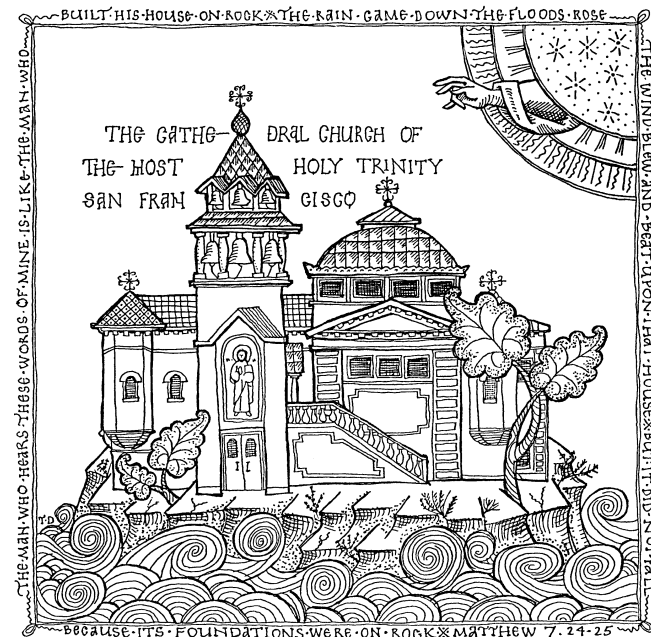
- Tue. Feb. 21:** 12:00 pm Orthodox Christian Fellowship at USF
- Wed. Feb. 22:** Note: There is no Liturgy Wednesday morning  
6:00 pm Vespers followed by Parish Council Meeting
- Thu. Feb. 23:** 7:00 pm Zoom Bible Study with Fr. James
- Sat. Feb. 25:** 4:30 Catechumen / Inquirer Class (*all welcome!*)  
6:00 pm Vigil followed by confessions
- Sun. Feb. 26: Forgiveness Sunday**  
9:30 am Divine Liturgy followed by fellowship hour  
& Church School (High School & Young Adult)  
6:00 pm Vespers of Forgiveness  
*Parking available for both services at St. Brigid's*
- Mon. Feb. 27 Beginning of the Great Fast. Clean Monday.**  
7:00 am Matins  
12:00 pm Lenten Hours and Confessions  
6:00 pm Compline with the Canon of St. Andrew of Crete

See Monthly Calendars for full Clean Week Schedule

### Contact Fr. Kirill

Question? Want to talk? Or be on our email list?  
[FrKirill@holy-trinity.org](mailto:FrKirill@holy-trinity.org) • 415-673-8565

# Holy Trinity Cathedral



## Sunday, February 19, 2023

Most Reverend Benjamin,  
Archbishop of San Francisco and the West

Very Reverend Dr. Kirill Sokolov, Dean

1520 Green Street  
San Francisco, California  
[holy-trinity.org](http://holy-trinity.org)

Orthodox Church in America  
Diocese of the West

We are delighted to be together with you in worshipping the Holy Trinity.  
Welcome!

**Today's Epistle**

1 Corinthians 8:8-9:2

**Today's Gospel**

Matthew 25:31-46

**Sunday of Meatfare****Sunday of the Last Judgment****Apostles of the Seventy Archippus****& Philemon, and Martyr Apphia****Tone 3****Today's Epistle**

1 Cor. 8:8-9:2

Brethren, food does not commend us to God. We lose nothing if we refuse to eat; we gain nothing if we eat. But take heed lest this liberty of yours somehow become a stumbling block to the weak. For if anyone sees thee who hast knowledge at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And through thy knowledge the weak one will perish, the brother for whom Christ died. Now when you sin thus against the brethren, and wound their weak conscience, you sin against Christ. Therefore, if food is a cause of my brother's falling, I shall never eat meat again, lest I cause my brother to fall.

Am I not an apostle? Am I not free? Have I not seen Jesus Christ our Lord? Are you not my work in the Lord? And if to others I am not an apostle, yet to you I am; for you are the seal of my apostleship in the Lord.

**Today's Gospel**

Matthew 25:31-46

The Lord said: "When the Son of Man comes in His glory, and all the holy angels with Him, then He will sit on the throne of His glory. All the nations will be gathered before Him, and He will separate them one from another, as a shepherd divides his sheep from the goats. And He will set the sheep on His right hand, but the goats on the left. Then the King will say to those on His right hand, 'Come, you blessed of My Father, inherit the kingdom prepared for you from the foundation of the world: for I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.'

"Then the righteous will answer Him, saying, 'Lord, when did we see You hungry and feed You, or thirsty and give You drink? When did we see You a stranger and take You in, or naked and clothe You?

Or when did we see You sick, or in prison, and come to You?' And the King will answer and say to them, 'Assuredly, I say to you, inasmuch as you did it to one of the least of these My brethren, you did it to Me.'

"Then He will also say to those on the left hand, 'Depart from Me, you cursed, into the everlasting fire prepared for the devil and his angels: for I was hungry and you gave Me no food; I was thirsty and you gave Me no drink; I was a stranger and you did not take Me in, naked and you did not clothe Me, sick and in prison and you did not visit Me.'

"Then they also will answer Him, saying, 'Lord, when did we see You hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to You?' Then He will answer them, saying, 'Assuredly, I say to you, inasmuch as you did not do it to one of the least of these, you did not do it to Me.' And these will go away into everlasting punishment, but the righteous into eternal life."

**The Practical Way**

Sometimes sorrows and afflictions are involuntary, allowed by the unfathomable goodness of God's Providence. The wise Christian accepts them with gratitude as a grace and privilege, in order to prove his own love for the Lord in a practical way.

St. Sophrony (+1993) tells the story of a monk who, finding that he had neither love nor inclination for prayer, decided with resolve: "I will live as if I had this love." For thirty years he persevered patiently in this practice, and in the end great grace overshadowed him and the love of the Holy Spirit came to dwell in his heart.

No progress is possible in spiritual life if the Christian does not thank God to the end for the benefits he has already received. God measures His gifts to him according to the measure of his gratitude. If he thanks God for His boundless love, then the fire of this love will ignite his whole being and his heart will cry out: "Who shall separate us from the love of Christ?"

**Welcome & Thank You!**

Welcome guests and visitors! Please join us for coffee and lunch after the Divine Liturgy. We look forward to saying hello.

Thanks to to all those who contributed to today's "Meatfare" lunch!