

## Announcements

- **Welcome Guests and Visitors.** Whether you are searching for a new church or visiting, we welcome you and hope your experience at the Divine Liturgy is edifying and spiritually nourishing. Please take a moment after the service to introduce yourself to our pastor, Father Kirill. You are invited to join us for lunch after the service. We would love to greet you and answer any questions.
- **Blood Drive.** Today we are hosting a life-saving blood drive 11:15 am to 3:15 pm. Check if you can grab an appointment to give: [bit.ly/3BxGq7s](https://bit.ly/3BxGq7s)
- **Growing in our faith.** The Reading Group will continue reading St. Ignatius' *The Arena* today after the Fellowship Meal. Please connect with Bruce for details. Father James leads a weekly Bible study via zoom; right now he is teaching on the Epistle of the Holy Apostle John.
- **Square Dance.** Our sister parish of St. Nicholas in San Anselmo will be hosting a Square Dance on Friday, November 4<sup>th</sup> beginning at 6:30 pm – outside in the courtyard, weather permitting. Join them for a night of fun and fellowship! Come at the start to become familiar with the basics. It's easy to catch on! The event is free. Children are welcome. Please bring a vegetarian snack or beverage to share. [Details here.](#)
- **IOCC Food & Wine Tour.** On Sunday, November 6, 4-7 pm, International Orthodox Christian Charities (IOCC) is celebrating its 30<sup>th</sup> year of service at a fun event in Castro Valley. Come and experience wine and food samplings from around the world at this annual opportunity to raise funds for this important charitable ministry. More: [iocc.org/bayarea](https://iocc.org/bayarea)

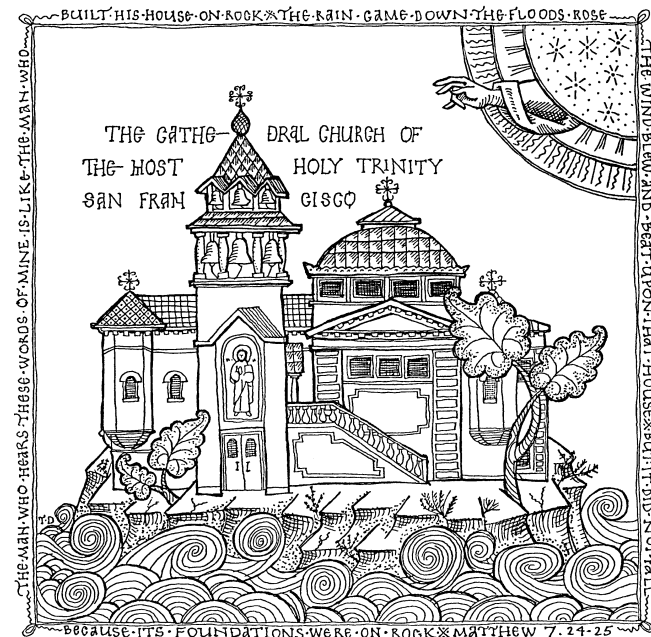
## This Week at Holy Trinity

- Tue. Nov. 1:** 12:00 pm Orthodox Christian Fellowship at USF
- Wed. Nov. 2:** 6:00 pm Vespers
- Thu. Nov. 3:** 7:00 pm Zoom Bible Study with Fr. James
- Sat. Nov. 5:** 6:00 pm Great Vespers followed by Confessions
- Sun. Nov. 6** **The Holy Unmercenary Physicians**  
9:30 am Divine Liturgy  
followed by Fellowship Meal, Reading Group, &  
Church School (all grades)  
*Parking available at St. Brigid's for morning service.*

## Contact Fr. Kirill

Question? Want to talk? Or be on our email list?  
FrKirill@holy-trinity.org • 415-673-8565

# Holy Trinity Cathedral



Sunday, October 30, 2022

Most Reverend Benjamin,  
Archbishop of San Francisco and the West

Very Reverend Dr. Kirill Sokolov, Dean

1520 Green Street  
San Francisco, California  
[holy-trinity.org](https://holy-trinity.org)

Orthodox Church in America  
Diocese of the West

We are delighted to be together with you in worshipping the Holy Trinity.  
Welcome!

**Today's Epistle**  
Galatians 1:11-19  
**Today's Gospel**  
Luke 8:26-39

**20<sup>th</sup> Sunday after Pentecost.**  
**Hieromartyr Zenobius and his**  
**sister Zenobia of Aegæ in Cilicia**  
**Tone 3.**

**Today's Epistle Reading**  
*Galatians 1:11-19*

Brethren, I would have you know that the Gospel which was preached by me is not of man. For I did not receive it from man, nor was I taught it; but I received it by a revelation of Jesus Christ. For you have heard of my former life in Judaism, how I persecuted the church of God beyond measure, and ravaged it. And I advanced in Judaism above many of my contemporaries among my people, showing much more zeal for the traditions of my fathers. But when it pleased God, who set me apart from my mother's womb and called me by His grace, to reveal His Son in me, that I might preach Him among the Gentiles, immediately, without taking counsel with flesh and blood, and without going up to Jerusalem to those who were appointed apostles before me, I went away into Arabia and returned again to Damascus.

Then after three years I went up to Jerusalem to see Peter and abode with him fifteen days. But of the other apostles I saw none, save James the Lord's brother.

**Today's Gospel Reading**  
*Luke 8:26-39*

At that time, Jesus and his disciples sailed to the country of the Gadarenes, which is opposite Galilee. And when He stepped out on the land, there met Him a certain man from the city who had demons for a long time. And he wore no clothes, nor did he live in a house but in the tombs. When he saw Jesus, he cried out, fell down before Him, and with a loud voice said, "What have I to do with You, Jesus, Son of the Most High God? I beg You, do not torment me!" For He had commanded the unclean spirit to come out of the man. For it had often seized him, and he was kept under guard, bound with chains and shackles; and he broke the bonds and was driven by the demon into the wilderness.

Jesus asked him, saying, "What is your name?"

And he said, "Legion," because many demons had entered him. And they begged Him that He would not command them to go out into the abyss.

Now a herd of many swine was feeding there on the mountain. So they begged Him that He would permit them to enter them. And He permitted them. Then the demons went out of the man and entered the swine, and the herd ran violently down the steep place into the lake and drowned.

When those who fed them saw what had happened, they fled and told it in the city and in the country. Then they went out to see what had happened, and came to Jesus, and found the man from whom the demons had departed, sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. They also who had seen it told them by what means he who had been demon-possessed was healed. Then the whole multitude of the surrounding region of the Gadarenes asked Him to depart from them, for they were seized with great fear. And He got into the boat and returned.

Now the man from whom the demons had departed begged Him that he might be with Him. But Jesus sent him away, saying, "Return to your own house, and tell what great things God has done for you." And he went his way and proclaimed throughout the whole city what great things Jesus had done for him.

**St. Sebastian of Jackson & San Francisco on Today's Gospel**

Rouse yourselves! The world which you worship only flatters you. The heaviness of your flesh should not keep you back from our Saviour—the God of spirits and of all flesh. If you continue to drowse, you will imperceptibly fall under the influence of the evil spirits, who are anxious for the company even of swine. Be careful that you become not possessed by a devil.

*St. Sebastian Dabovich, The Lives of Saints: With Several Lectures and Sermons*

**St. John of Karpathos on Prayer in Today's Gospel**

Pharaoh entreated, saying: 'May God take away from me this death' (Exod.10:17), and he was heard. Similarly, when the demons asked the Lord not to cast them into the abyss, their request was granted (cf. Luke 8:31). How much more, then, will a Christian be heard when he prays to be delivered from spiritual death?

*St. John of Karpathos, For the Encouragement of the Monks in India who had Written to Him: One Hundred Texts (69)*



**Many Years!**

**Birthday:**  
Catherine Moyer (Nov 4)

**Nameday:**  
William Bucsko (Nov 3)

*Are we missing your special occasion?  
Please let us know!*

**Thank You**

Please join us downstairs for coffee and our fellowship meal! We look forward to meeting our guests and visitors.

Thanks to all who contributed to today's potluck meal.