

## Announcements

- **Welcome Guests and Visitors.** We are delighted to have you join us at our service today in worshipping the Holy Trinity. Please take a moment after the service to introduce yourself to our pastor, Father Kirill. You are cordially invited to join us for coffee and fellowship after the service.
- **Our annual Lenten Retreat is next Saturday.** Take a flier, pre-register, cook or bake something, help set up or take down... let's learn and work together!
- **Special Collections.** We are collecting for our annual appeal for missions this weekend. We here at Holy Trinity are blessed by the generosity of our ancestors in the faith who bequeathed to us a property and a beautiful temple where we are able to praise and thank the true God. Let's help a mission of our diocese work for the same!
- **Confession** and Holy Communion are essential in our life as Christians. During trials like pandemics and wars, the evil one looks to throw us off "rhythm". This "season of repentance" is a great time to get back on track. Please do make your sacramental confession during Lent (before Holy Week if at all possible).

## This Week at Holy Trinity

*(Fr. Kirill will be away through Thursday)*

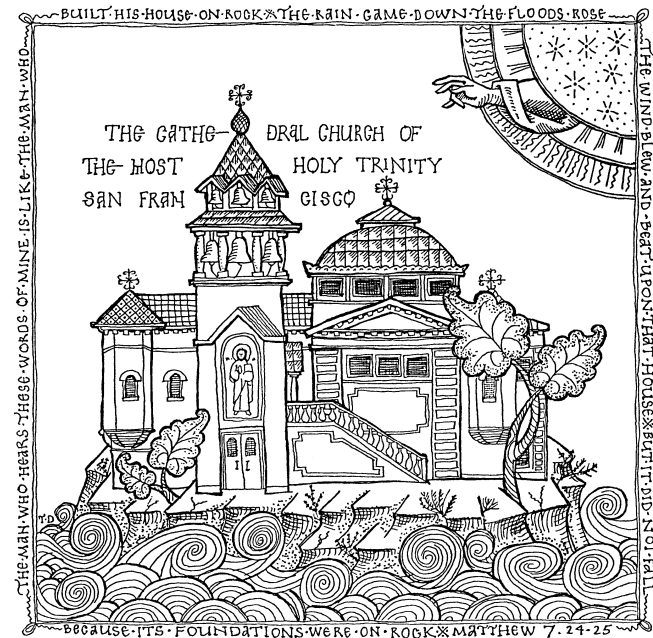
- Mon. Mar. 28:** 7:00 pm Zoom Bible Study with Fr. James  
7:00 pm Feature Film "Man of God" playing in theaters
- Wed. Mar. 29:** 6:00 pm Liturgy of the Presanctified Gifts  
followed by Lenten potluck supper  
*Parking available at St. Brigid's for evening*
- Thu. Mar. 31:** 12:00 pm Orthodox Christian Fellowship at USF
- Fri. Apr. 1:** 10:30 am Liturgy of the Presanctified Gifts  
*(with area clergy guests; please note time)*
- Sat. Apr. 2:** **Annual Lenten Retreat**  
8:30 am Divine Liturgy  
10:00 am Registration, coffee, Lenten breakfast  
11:00 am First Session (see flier for complete schedule)  
1:30 pm Second Session  
4:00 pm Vigil (*please note special time*)
- Sun. Apr. 3:** **Fourth Sunday of Lent – St. John Climacus**  
9:30 am Divine Liturgy followed by fellowship hour  
*Parking available Sunday at St. Brigid's*

### Contact Fr. Kirill

Question? Want to talk? Or be on the email list?

FrKirill@holy-trinity.org • 415-673-8565

# Holy Trinity Cathedral



## Sunday, March 27, 2022

Most Reverend Benjamin,  
Archbishop of San Francisco and the West

Very Reverend Dr. Kirill Sokolov, Dean

1520 Green Street  
San Francisco, California  
[holy-trinity.org](http://holy-trinity.org)

Orthodox Church in America  
Diocese of the West

We are delighted to be together with you in worshipping the Holy Trinity.  
Welcome!

**Today's Epistle**  
Hebrews 4:14-5:6  
**Today's Gospel**  
Mark 8:34-9:1

**3<sup>rd</sup> Sunday of Great Lent**  
**Veneration of the Cross**  
**Martyr Matrona of Thessalonica**  
**Tone 7**

## Today's Epistle

Heb. 4:14-5:6

Brethren: Seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast our confession. For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin. Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.

For every high priest taken from among men is appointed for men in things pertaining to God, that he may offer both gifts and sacrifices for sins. He can have compassion on those who are ignorant and going astray, since he himself is also subject to weakness. Because of this he is required as for the people, so also for himself, to offer sacrifices for sins. And no man takes this honor to himself, but he who is called by God, just as Aaron was.

So also Christ did not glorify Himself to become High Priest, but it was He who said to Him:

“You are My Son,  
Today I have begotten You.”

As He also says in another place:

“You are a priest forever  
According to the order of Melchizedek”;

## Today's Gospel

Mark 8:34-9:1

The Lord said: “Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels.”

And He said to them, “Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power.”

## The Cross and the Middle of the Fast

This week lies at the middle of the holy Forty Day Fast. The Fast is like a bitter well (Exodus 15:23-24) because of our contrition and the sadness and sorrow for sin that it brings. And as Moses plunged the branch in the bitter waters of Marah, making them sweet, so God, who has led us through the spiritual Red Sea away from Pharaoh, through the life-giving wood of the precious and life-giving Cross sweetens the bitterness of the Forty Day Fast, and comforts us as those who were in the wilderness, up until the time when by His Resurrection He will lead us to the spiritual Jerusalem. And since the Cross is called, and indeed is, the Tree of Life, it is the very tree that was planted in the Garden of Eden. So it is fitting that the Holy Fathers have planted the Tree of the Cross in the middle of the Forty Day Fast to commemorate both Adam's tasting of its sweet fruit and of its being taken from us in favor of the Tree of the Cross, tasting of which we shall in no way die, but will have even greater life.

Through the power of Thy Cross, O Christ our God,  
preserve us also from the temptations of the Evil One.

And make us worthy to venerate

Thy divine Passion and life-bearing Resurrection,  
having radiantly traversed the great length of the Fast,  
and have mercy on us, as Thou art good  
and lovest mankind.

Amen.



## Many Years!

**Anniversary of Chrismation:**  
Subdeacon Peter Taibbi (Apr 2)

### Birthdays:

Ljudmila Mironova (Mar 30)  
Dr. Paul Belonick (Mar 31)

## Thank You!

Welcome guests and visitors!  
Please join us for coffee and lunch  
after the Divine Liturgy. We look  
forward to saying hello.

Thanks to all those who  
contributed to today's potluck.