

Clean Week 2022 at Holy Trinity Cathedral

During the first week of Lent, called "Clean Week," our Holy Church gives us a strenuous course of fasting, prayer and church services, unparalleled in beauty and power, to help us learn true repentance, as opposed to guilt. To begin with, we fast as strictly as we can on the first three days of Lent. Then, on Wednesday evening, we will have an opportunity to receive Holy Communion at the Liturgy of the Presanctified Gifts and be strengthened, and then have a modest meal in the Hall. Those who receive Holy Communion are asked to prepare themselves by fasting (at least from noon), praying the Prayers before Communion, and a recent confession.

- Sun. Mar. 6:** **6:00 pm Forgiveness Vespers**
Parking available at St. Brigid's Sunday
- Clean Mon. Mar. 7: FIRST DAY OF THE GREAT FAST**
7:00 am Matins
12:00 noon Lenten Hours & Confessions
6:00 pm Compline with Great Canon of St. Andrew
Parking available at St. Brigid's for evening
- Clean Tue. Mar. 8:** 7:00 am Matins
6:00 pm Compline with Great Canon of St. Andrew
Parking available at St. Brigid's for evening
- Clean Wed. Mar. 9:** 7:00 am Matins
6:00 pm Liturgy of the Presanctified Gifts
 followed by Lenten potluck supper
Parking available at St. Brigid's for evening
- Clean Thu. Mar. 10:** 7:00 am Matins
12:00 pm Orthodox Christian Fellowship at USF
6:00 pm Compline with Great Canon of St. Andrew
Parking available at St. Brigid's for evening
- Clean Fri. Mar. 11:** 9:30 am Liturgy of the Presanctified Gifts
- Sat. Mar. 12:** (Memorial Liturgy served at 9:30 am in Santa Rosa)
5:30 pm Memorial Service for Fr. Victor Sokolov (+2006)
6:00 pm Vigil followed by Confessions
- Sun. Mar. 13:** **First Sunday of Lent. SUNDAY ORTHODOXY.**
(Daylight Saving Time Begins); Mission Appeal Sunday.
9:30 am Divine Liturgy followed by fellowship hour,
 Church School (Teens), and Reading Group
Parking available Sunday morning at St. Brigid's

Contact Fr. Kirill

Question? Want to talk? Or be on the email list?
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Holy Trinity Cathedral



Sunday, March 6, 2022

Most Reverend Benjamin,
Archbishop of San Francisco and the West

Very Reverend Dr. Kirill Sokolov, Dean

1520 Green Street
San Francisco, California
holy-trinity.org

Orthodox Church in America
Diocese of the West

We are delighted to be together with you in worshipping the Holy Trinity.
Welcome!

Today's Epistle

Rom. 13:11-14:4

Today's Gospel

Matt. 6:14-21

Sunday of Cheesefare. Expulsion of

Adam and Eve from Paradise.

Forgiveness Sunday.

The Holy Forty Martyrs of Sebaste.

Tone 4.

Today's Epistle

Romans 13:11-14:4

Brethren: Besides this you understand that it is now time for us to awake from sleep; for now is our salvation nearer to us than when we first came to believe. The night is far spent, the day is at hand. Let us therefore cast off the works of darkness, and let us put on the armor of light. Let us walk in decency as in the daylight, not in revelry and drunkenness, not in debauchery and wantonness, not in strife and jealousy. But put on the Lord Jesus Christ, and make no provision for gratifying the desires of the flesh.

If a man is weak in faith, welcome him without arguments over opinions. For one believes that he may eat all things, while the weaker man eats only vegetables. Let him who eats not despise the one who does not eat; and let the one who does not eat not judge him who eats; for God has welcomed him. Who art thou to judge another's servant? It is before his own master that he stands or falls. But stand he will; for God is able to make him stand.

Today's Gospel

Matthew 6:14-21

The Lord Said: "If you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses.

"Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

"Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

Announcements

- **Welcome Guests and Visitors.** We are delighted to have you join us at our service today in worshipping the Holy Trinity. Please take a moment after the service to introduce yourself to our pastor, Father Kirill. You are cordially invited to join us for coffee and fellowship after the service. We would love to greet you and answer any questions.
- **Praying for Cessation of War and for Peace.** We are all in shock regarding the horrible news of the invasion of Ukraine. It has been a terrible year on this earth in terms of war – we've had war in the Tigray region, the tragedy in Afghanistan, among others. Let's turn to Christ! Clergy and faithful from around the Bay Area gathered at Holy Virgin Church in Menlo Park this past Tuesday to pray for peace. Please read the word of His Eminence, Archbishop Benjamin, on our web site and social media. Let's consider it our solemn duty to redouble our ascetic *work* as we begin the Fast and beg that God's peace descend on our brothers and sisters in harm's way.
- **Don't Miss!** We are planning our Annual Lenten Retreat on Saturday April 2. This will be a "do not miss!" occasion. Fr. Bogdan Bucur, Ph.D., professor of patristics at St. Vladimir's Seminary, will help us reignite our understanding, preparation, and full participation in the great mystery of the Passover—the Pascha—of our great Lord and Savior, Jesus Christ! Please grab a flier and register today.
- **Begin with forgiving your brothers and sisters:** *We begin the Great Fast tonight, March 6, with Vespers at 6:00.* Before we enter the Lenten fast, we are reminded that there can be no true fast, no genuine repentance, no reconciliation with God, unless we are at the same time reconciled with one another. A fast without mutual love is the fast of demons. We do not travel the road of Lent as isolated individuals but as members of a family. Our asceticism and fasting should not separate us from our fellow humans but link us to them with ever stronger bonds.



Many Years!

Birthday:

Robert Peterson (Mar 5)

Steven Micros (Mar 8)

Thank You

Thanks to Katherine S. for organizing today's Cheesefare Feast!