

## Announcements

- **Welcome Guests and Visitors.** We are delighted to have you join us at our service today in worshipping the Holy Trinity. Please take a moment after the service to introduce yourself to our pastor, Father Kirill. You are cordially invited to join us for coffee and fellowship after the service. We would love to greet you and answer any questions.
- **Annual Parish Assembly.** Our annual parish assembly is today following Divine Liturgy and lunch in our parish hall. We plan to begin at 11:45 am. A zoom option is available for those unable to attend due to the public health situation. This year we are called to update our parish bylaws so your participation is as crucial as ever — part of your stewardship of what has been left to us — to the glory of God!
- **Church school** for K-5 learners will happen today during our Annual Assembly. Later, at 2:00, our teens will gather with friends from around the Bay Area in San Anselmo.
- **Fr. Kirill is away this week** Thursday-Saturday afternoon. He has been invited to speak on “Guiding our Youth in Discovering Their Talents” at the pan-Orthodox 2022 Youth & Camp Workers Conference to be held at Antiochian Village, Pennsylvania.

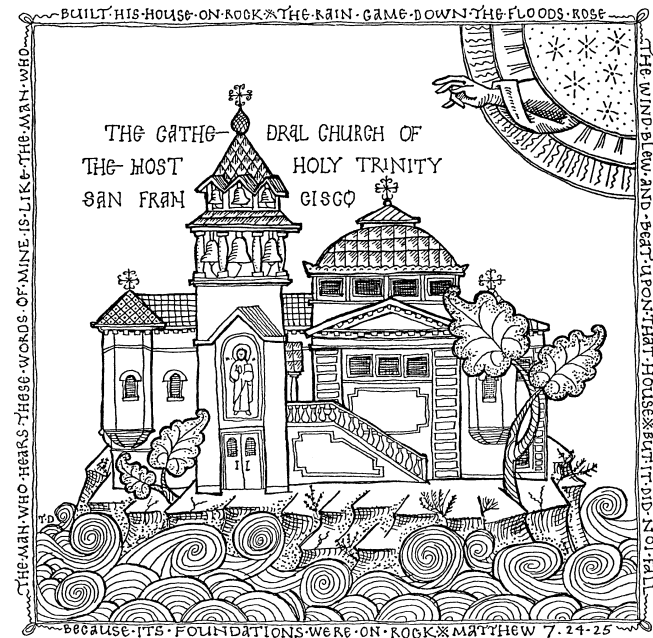
## This Week at Holy Trinity

- Sun. Jan. 30:** 2:00 pm Teen Gathering in San Anselmo
- Tue. Feb. 1:** **Forefeast of the Meeting of the Lord**  
12:00 pm Orthodox Christian Fellowship at USF  
5:30 pm Panikhida (Memorial Service)  
6:00 pm Festal Vigil
- Wed. Feb. 2:** **Meeting of our Lord and Savior Jesus Christ in the Temple**  
9:30 am Divine Liturgy  
(no vespers Wednesday evening)
- Sat. Feb. 5:** 6:00 pm Great Vespers
- Sun. Feb. 6:** **Afterfeast of the Meeting. Sunday of Zacchaeus.**  
9:30 am Divine Liturgy  
followed by fellowship hour & reading group  
Parking available Sunday at St. Brigid's

### Contact Fr. Kirill

Question? Want to talk? Or be on the email list?  
FrKirill@holy-trinity.org • 415-673-8565

# Holy Trinity Cathedral



Sunday, January 30, 2022

Most Reverend Benjamin,  
Archbishop of San Francisco and the West

Very Reverend Dr. Kirill Sokolov, Dean

1520 Green Street  
San Francisco, California  
[holy-trinity.org](http://holy-trinity.org)

Orthodox Church in America  
Diocese of the West

We are delighted to be together with you in worshipping the Holy Trinity  
Masks are required in public indoor places

## Today's Epistle

Hebrews 13:7-16

## Today's Gospel

Matthew 15:21-28

Matthew 5:14-19

## 32<sup>nd</sup> Sunday after Pentecost.

**Synaxis of the Ecumenical  
Teachers and Hierarchs: Basil the  
Great, Gregory the Theologian,  
and John Chrysostom.**

**Tone 7.**

### Today's Epistle Reading

*Hebrews 13:7-16 (Three Hierarchs)*

Brethren: Remember your leaders, who spoke to you the word of God. Consider the outcome of their life and imitate their faith. Jesus Christ is the same yesterday and today and forever. Do not be led away by diverse and strange teachings. For it is good that the heart be strengthened by grace, not by foods, which have not benefited their adherents.

We have an altar from which those who serve the tabernacle have no right to eat. For the bodies of those animals whose blood is brought into the sanctuary by the high priest as a sacrifice for sin are burned outside the camp. And so Jesus also, that He might sanctify the people with His own blood, suffered outside the gate. Therefore let us go forth to Him outside the camp, bearing His reproach. For here we have no lasting city, but we seek one to come. Through Him, therefore, let us offer the sacrifice of praise to God continually, that is, the fruit of our lips that acknowledge His name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.

### Today's Gospel Readings

*Matthew 15:21-28*

At that time: Jesus departed to the region of Tyre and Sidon. And behold, a woman of Canaan came from that region and cried out to Him, saying, "Have mercy on me, O Lord, Son of David! My daughter is severely demon-possessed."

But He answered her not a word.

And His disciples came and urged Him, saying, "Send her away, for she cries out after us."

But He answered and said, "I was not sent except to the lost sheep of the house of Israel."

Then she came and worshiped Him, saying, "Lord, help me!"

But He answered and said, "It is not good to take the children's bread and throw it to the little dogs."

And she said, "Yes, Lord, yet even the little dogs eat the crumbs which fall from their masters' table."

Then Jesus answered and said to her, "O woman, great is your faith! Let it be to you as you desire." And her daughter was healed from that very hour.

*Matthew 5:14-19 (Three Hierarchs)*

The Lord said to His disciples: "You are the light of the world. A city that is set on a hill cannot be hidden. Nor do they light a lamp and put it under a basket, but on a lampstand, and it gives light to all who are in the house. Let your light so shine before men, that they may see your good works and glorify your Father in heaven.

"Do not think that I came to destroy the Law or the Prophets. I did not come to destroy but to fulfill. For assuredly, I say to you, till heaven and earth pass away, one jot or one tittle will by no means pass from the law till all is fulfilled. Whoever therefore breaks one of the least of these commandments, and teaches men so, shall be called least in the kingdom of heaven; but whoever does and teaches them, he shall be called great in the kingdom of heaven.

### The Meeting of the Lord (February 2)

On the Feast of the Meeting of the Lord (each February 2) when the heavens meet the earth, God meets man, history meets eternity, when—as our people beautifully say—spring and winter meet, may we also open our hearts for an encounter with the Lord. He is there, knocking on everyone's doors, "Behold I stand at the door and knock. If anyone opens the door, I will come in to him and dine with him," says the Lord (Rev. 3:20). May we open the doors of our beings, our hearts, that we never close them, how our old, trite, weathered beings would be renewed—our souls and bodies—and rejoice at the meeting with the Lord, the Meeting of the Lord, who comes to us in the arms of the Most Holy Theotokos, that He might take all of us in His eternal bosom. For He is eternally in the bosom of the Father, and there has He prepared us a place. Open your hearts, listen to the depths of your thoughts, desires, feelings, anticipations, nostalgias, yearnings, the pursuits of your hearts. For our hearts are created in the image of God and they yearn for God; the truth is often buried in passions, desires, appetites, ambitions, prejudices. Let us free ourselves of them and meet the Lord, for He always comes to meet us. He is the One who came, who is with us, Who always comes to be with us. —Bishop Atanasije (Jevtic)



### Many Years!

#### Anniversaries

*Diaconate:* Archpriest Kirill Sokolov (Jan 30)

*Reader:* Subdeacon Peter Taibbi (Feb 2)

#### Birthday

Matushka Patricia Jorgenson (Jan 30)

Archpriest Kirill Sokolov (Jan 31)

#### Nameday

Anne Kirueshkin (Feb 3)

### Welcome & Thank You!

Welcome guests and visitors!  
Please join us for coffee and  
lunch after the Divine Liturgy.  
We look forward to saying hello.

Thanks to all those who  
contributed to today's potluck.