Announcements

- **Welcome Guests and Visitors.** We are delighted to have you join us at our service today in worshiping the Holy Trinity. You are cordially invited to join us for coffee after the service. We would love to greet you and answer any questions.
- **Church School** meets today by Zoom with middle school and high school students gathering at 2:00 pm (new time!) and K-4 students at 3:00. Also, Summer Camp registrations are underway!
- **April Calendar**. The monthly calendar for April is now available. Changes may become necessary but let's look ahead to the rest of the Great Fast and Holy Week with anticipation! We will have a Vigil this coming Saturday evening for the veneration of the Cross.

This Week at Holy Trinity

To attend a service, fill out the registration/health screen form available on our web site under "Calendar". Our church is open for private prayer before scheduled services and by appointment.

Wed March 31: **St. Innocent, Metropolitan of Moscow, Enlightener of the Aleuts, Apostle to the Americas**
6:00 pm Liturgy of the Presanctified Gifts
Parking available at St. Brigid's for evening

Fri April 2: *Note:* No Liturgy this Friday
7:00 pm Lenten Reading Group Zoom – All welcome!

Sat April 3: 9:00 am Divine Liturgy (Memorial Saturday)
6:00 pm Vigil with Veneration of the Cross

Sun April 4: **Third Sunday of Lent – Veneration of the Cross**
10:00 am Divine Liturgy
Parking available Sunday morning at St. Brigid's

Live-stream links:
https://www.youtube.com/HolyTrinityOrthodoxCathedralSanFrancisco
https://www.facebook.com/holytrinitycathedral

For those with limited Internet connectivity: (888) 869-1520

Contact Fr. Kirill

Question? Want to talk? Or be on the email list?
FrKirill@holy-trinity.org • 415-673-8565

Holy Trinity Cathedral

Sunday, March 28, 2021

Most Reverend Benjamin,
Archbishop of San Francisco and the West

Very Reverend Dr. Kirill Sokolov, Dean

1520 Green Street
San Francisco, California
holy-trinity.org

Orthodox Church in America
Diocese of the West

We are delighted to be together with you in worshiping the Holy Trinity. Please follow all signs and instructions from greeters. We wear face coverings, maintain physical distance, and use hand sanitizer. Welcome!

Today's Epistle
Hebrews 1:10-2:3

Today's Gospel
Mark 2:1-12

2nd Sunday of Great Lent.
St. Gregory Palamas.
Tone 1.

Today's Epistle

Heb. 1:10-2:3

"Thou, Lord, in the beginning hast laid the foundation of the earth, and the heavens are the works of Thy hands. They shall perish, but Thou remainest. And they shall all wax old, as does a garment. And as a vesture shalt Thou fold them up, and they shall be changed. But Thou art the same, and Thy years shall not fail."

But to which of the angels said He at any time, "Sit at My right hand, until I make Thine enemies Thy footstool"? Are they not all ministering spirits, sent forth to minister for the sake of those who shall inherit salvation?

Therefore we ought to give more earnest heed to what we have heard, lest at any time we drift away. For if the word spoken by angels proved to be valid, and every transgression and disobedience received a just retribution, how shall we escape if we neglect so great a salvation?

Today's Gospel

Mark 2:1-12 NKJV

At that time, Jesus entered Capernaum, and it was heard that He was in the house. Immediately many gathered together, so that there was no longer room to receive them, not even near the door. And He preached the word to them. Then they came to Him, bringing a paralytic who was carried by four men. And when they could not come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying.

When Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven you."

And some of the scribes were sitting there and reasoning in their hearts, "Why does this Man speak blasphemies like this? Who can forgive sins but God alone?"

But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, "Why do you reason about these things in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven you,' or to say, 'Arise, take up your bed and walk'? But that you may know that the Son of Man has power on earth to forgive sins"—He said to the paralytic, "I say to you, arise, take up your bed, and go to your house." Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, "We never saw anything like this!"

The Presence of God in Prayer

In his *Triads*, St. Gregory Palamas (1296–1359) presents the Orthodox Dogmatic basis for ascetical life and "Hesychasm" – a concept that was foreign to influential Latin theology and scholasticism. St. Gregory Palamas interpreted the experience of the Church by presenting logical arguments, based on the Scripture and the writings of the Fathers. Addressing the question of how it is possible for humans to have – in this life! – knowledge of a transcendent and unknowable God, he drew a distinction between knowing God in His *essence*, or nature, and knowing God in His *energies*, *actions*, or the *means* by which He acts.

To elaborate, he made a comparison between God and the sun. The sun has its rays, God has His energies (among them, grace and light). By His energies, God creates, sustains, and governs the universe. By His energies, He transforms creation and deifies it, that is, He fills the new creation with His energies as water fills a sponge. These actions or *energies* of God are the true revelation of God Himself to humanity. So God is incomprehensible and unknowable in His nature or essence, but knowable in His energies. It is through His actions out of His love to the whole creation that God enters into a direct and immediate relationship with humans, a personal confrontation between creature and Creator.

Many Years!

Anniversary of Chrismation:
Katherine Strelkoff (Orthodoxy Sunday)
Subdeacon Peter Taibbi (Apr 2)

Birthday:
Lyudmila Mironova (Mar 30)
Paul B. (Mar 31)

Thank You!

We thank God for those preparing to-go coffee after Liturgy and for those opening our Bookstore for our perusal!