

## This Week at Holy Trinity

**Note:** Please check our web site and our e-mails for up-to-the-minute changes. With the blessing of His Eminence, sacramental confessions can be made by private phone call or zoom video appointment.

- Sun. Mar. 29: Sunday of St. John Climacus (of The Ladder)**  
10:00 am Livestream of the Divine Liturgy  
12:00 pm Young Adult Zoom  
1:00 pm Church School (K-4) Zoom  
7:00 pm Parish Council Zoom
- Mon. Mar. 30:** (No virtual conversation Monday)
- Tue. Mar. 31:** 7:00 pm Prayer, Scripture, & Conversation Zoom
- Wed. Apr. 1:** 7:00 pm Livestream: Reading of selections from the Great Canon of St. Andrew of Crete and the life of St. Mary of Egypt
- Thu. Apr. 2:** 7:00 pm Prayer, Scripture, & Conversation Zoom
- Fri. Apr 3:** 7:00 pm Livestream: Reading of the Akathist to the Mother of God
- Sat. Apr. 4:** 3:00 pm Catechism Class / Intro to Orthodoxy Zoom  
6:00 pm Livestream (tentative): Evening Prayers
- Sun. Apr. 5: Sunday of St. Mary of Egypt**  
10:00 am Livestream of the Divine Liturgy  
12:00 pm Church School (Grades 5-12) Zoom  
1:00 pm Church School (K-4) Zoom  
2:00 pm Young Adult Zoom  
7:00 pm Parish Council Zoom

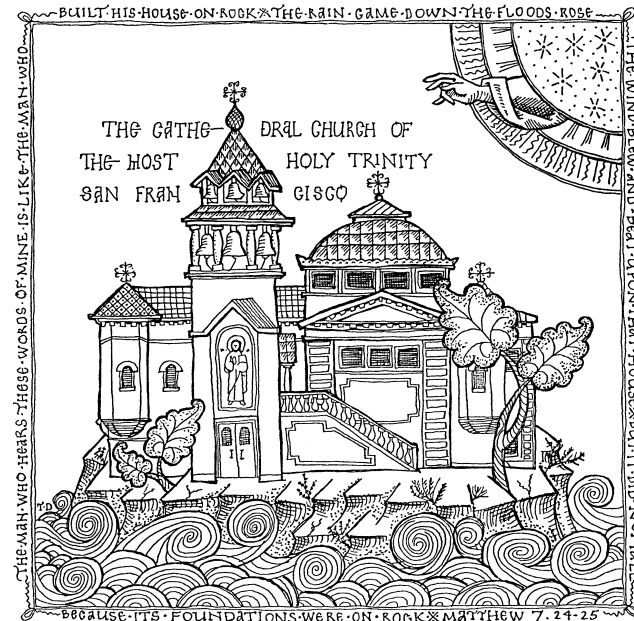
Visit [holy-trinity.org](http://holy-trinity.org) for the latest changes in this time!

### Contact Fr. Kirill

Question? Want to sit down to talk? Or be on the email list?

FrKirill@holy-trinity.org • 415-673-8565

## Holy Trinity Cathedral



### Sunday, March 29, 2020

Most Reverend Benjamin,  
Archbishop of San Francisco and the West

Very Reverend Dr. Kirill Sokolov, Dean

1520 Green Street  
San Francisco, California  
[holy-trinity.org](http://holy-trinity.org)

Orthodox Church in America  
Diocese of the West

**Today's Epistle**  
Hebrews 6:13-20  
**Today's Gospel**  
Mark 9:17-31

**4<sup>th</sup> Sunday of Great Lent.**  
**St. John Climacus (of *The Ladder*).**  
Tone 8.

## Today's Epistle

*Heb. 6:13-20*

Brethren, for when God made His promise to Abraham, because He could swear by no greater, He swore by Himself, saying, "Surely I will bless thee and multiply thee." And thus, having patiently endured, he obtained the promise. For men swear by one greater than themselves, and an oath given as a guarantee is the final settlement of all their disagreement. Hence God, meaning to show more abundantly to the heirs of the promise the immutability of His counsel, confirmed it by an oath, that through two immutable things, in which it is impossible for God to deceive, we who have fled for refuge might have strong encouragement to seize the hope set before us. This hope we have as a sure and firm anchor of the soul, reaching even behind the veil, where Jesus has entered as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

## Today's Gospel

*Mark 9:17-31*

At that time, one of the crowd came to Jesus, and bowing before Him he said, Master, I have brought unto thee my son, which hath a dumb spirit; And wheresoever he taketh him, he teareth him: and he foameth, and gnasheth with his teeth, and pineth away: and I spake to thy disciples that they should cast him out; and they could not.

He answereth him, and saith, O faithless generation, how long shall I be with you? how long shall I suffer you? bring him unto me. And they brought him unto him: and when he saw him, straightway the spirit tare him; and he fell on the ground, and wallowed foaming. And he asked his father, How long is it ago since this came unto him? And he said, Of a child. And oftentimes it hath cast him into the fire, and into the waters, to destroy him: but if thou canst do any thing, have compassion on us, and help us. Jesus said unto him, If thou canst believe, all things are possible to him that believeth. And straightway the father of the child cried out, and said with tears, Lord, I believe; help thou mine unbelief. When Jesus saw that the people came running together, he

rebuked the foul spirit, saying unto him, Thou dumb and deaf spirit, I charge thee, come out of him, and enter no more into him. And the spirit cried, and rent him sore, and came out of him: and he was as one dead; insomuch that many said, He is dead. But Jesus took him by the hand, and lifted him up; and he arose. And when he was come into the house, his disciples asked him privately, Why could not we cast him out? And he said unto them, This kind can come forth by nothing, but by prayer and fasting. And they departed thence, and passed through Galilee; and he would not that any man should know it. For he taught his disciples, and said unto them, The Son of man is delivered into the hands of men, and they shall kill him; and after that he is killed, he shall rise the third day.

## Do not be surprised that you fall every day

Do not be surprised that you fall every day; do not give up, but stand your ground courageously. And assuredly the angel who guards you will honor your patience. While a wound is still fresh and warm it is easy to heal, but old, neglected and festering ones are hard to cure, and require for their care much treatment, cutting, plastering and cauterization. Many from long neglect become incurable. But with God all things are possible [Matthew 19:26].

+ St. John Climacus, Step 5.30, *Ladder of Divine Ascent*

## The Great Canon of St. Andrew of Crete

The Canon is a dialog between St. Andrew and his soul. The ongoing theme is an urgent exhortation to change one's life. St. Andrew always juxtaposes his own sinfulness to God's mercy, and uses literally hundreds of references to good and bad examples from the Old and New Testaments to "convince himself" – and us! – to repent.



## Many Years!

### Anniversary of Chrismation:

Sdn. Peter Taibbi (Apr 2)

### Birthdays:

Lyudmila Mironova (Mar 30)

Paul Belonick (Mar 31)

Jason Dunham (Apr 4)

## Thank You!

I give thanks to God for the opportunity to speak with you in the past week in our evening "Zoom" conferences and by phone. I miss you. Please stay in touch. May God help us all! -Fr. Kirill