

This Week at Holy Trinity

Note: Please check our web site and our e-mails for up-to-the-minute changes. With the blessing of His Eminence, sacramental confessions can be made by private phone call or zoom video conference.

- Sun. Mar. 22: Sunday of the Veneration of the Cross**
10:00 am Livestream: Prayer Service for Pandemic
12:00 pm Church School (Grades 5-12) Zoom
1:00 pm Church School (K-4) Zoom
7:00 pm Parish Council Zoom
- Mon. Mar. 23:** (No virtual conversation Monday)
- Tue. Mar. 24:** 7:00 pm Prayer, Scripture, & Conversation Zoom
- Wed. Mar. 25: ANNUNCIATION OF THE MOST HOLY THEOTOKOS**
12:30 pm Church School hosted online by oca.org
6:00 pm Livestream of the Divine Liturgy
- Thu. Mar. 26:** 7:00 pm Prayer, Scripture, & Conversation Zoom
8:00 pm Young Adult Zoom
- Fri. Mar. 27:** 7:00 pm Prayer, Scripture, & Conversation Zoom
- Sat. Mar. 28:** 3:00 pm Catechism Class / Intro to Orthodoxy Zoom
6:00 pm Livestream: Evening Prayers
- Sun. Mar. 29: Sunday of St. John Climacus (of The Ladder)**
10:00 am Livestream of the Divine Liturgy
12:00 pm Young Adult Zoom
1:00 pm Church School (K-4) Zoom
7:00 pm Parish Council Zoom

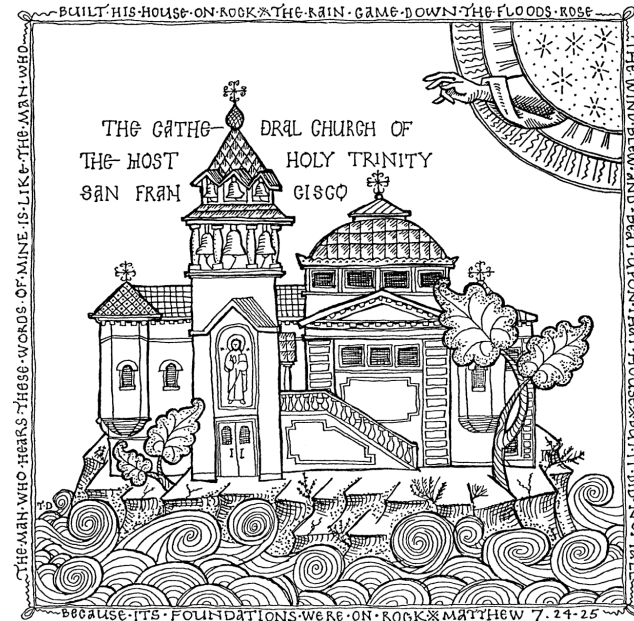
Visit holy-trinity.org for the latest changes in this time!

Contact Fr. Kirill

Have a question or need to chat?

FrKirill@holy-trinity.org • 415-673-8565

Holy Trinity Cathedral



Sunday, March 22, 2020

Most Reverend Benjamin,
Archbishop of San Francisco and the West

Very Reverend Dr. Kirill Sokolov, Dean

1520 Green Street
San Francisco, California
holy-trinity.org

Orthodox Church in America
Diocese of the West

Today's Epistle
Hebrews 4:14-5:6
Today's Gospel
Mark 8:34-9:1

3rd Sunday of Great Lent
Veneration of the Cross
Hieromartyr Basil of Ancyra (363)
Tone 7

Today's Epistle

Heb. 4:14-5:6

Brethren: Seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast our confession. For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin. Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.

For every high priest taken from among men is appointed for men in things pertaining to God, that he may offer both gifts and sacrifices for sins. He can have compassion on those who are ignorant and going astray, since he himself is also subject to weakness. Because of this he is required as for the people, so also for himself, to offer sacrifices for sins. And no man takes this honor to himself, but he who is called by God, just as Aaron was.

So also Christ did not glorify Himself to become High Priest, but it was He who said to Him:

“You are My Son,
Today I have begotten You.”

As He also says in another place:

“You are a priest forever
According to the order of Melchizedek”;

Today's Gospel

Mark 8:34-9:1

The Lord said: “Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of Me and My words in this

adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels.”

And He said to them, “Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power.”

Nourishment

During these days of “exile” from Holy Communion, we still have the Holy Gospel, we still have the morning and evening prayers, and we have fasting, we have prostrations, the Prayer of St Ephraim, the Jesus Prayer, and the Psalms. Let us continue to meet Christ in the daily reading, study and meditation on the Holy Gospel, as well as the Epistles and the Old Testament, primarily now Genesis and Proverbs. Let the Lord come to you in His Word. He is present in His Word! “For the Word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart” (Hebrews 4:12). We don't have Holy Communion in the Eucharist, but we have Him with us as read the Scriptures. This time of crisis—and the word crisis means judgment in Greek—is for us to change: “...as dying and yet behold we live, as chastened and not killed, as sorrowful yet always rejoicing; as poor yet making many rich, as having nothing and yet possessing all things” (2 Cor. 6:9). Let us hope and pray that after all this sickness has passed, we will have changed, become new.

—adapted from words of Fr Lawrence Margitich



Many Years!

Anniversary of Chrismation:
Catherine Moyer (Mar 25)

Namedays:
Lydie Cappe (Mar 23)
Emmanuel Manasievici (Mar 25)
Gabriel Harmon (Mar 26)

Thank You!

I give thanks to God for the opportunity to speak with you in the past week in our evening “Zoom” conferences and by phone. I miss you. May God help us all! -Fr. Kirill