

Announcements

- **Welcome Guests and Visitors.** We are delighted to have you join us at our service today in worshipping the Holy Trinity. Please take a moment after the service to introduce yourself to our pastor, Father Kirill. You are cordially invited to join us for the fellowship luncheon or coffee after the service.
- **Notes on COVID-19.** The Holy Synod of Bishops issued a statement that can be read at oca.org. I have sent notes related to this pandemic through our parish e-mail list. Please write me if you did not receive your copy: frkirill@holy-trinity.org. Our retreat previously scheduled for March 28 is cancelled. The service previously scheduled for this Tuesday morning is cancelled. Let us all stay in touch and hold each other in prayer during this difficult time!
- **Giving Online.** During this time when many of us may find ourselves away, remember that you can give safely, securely, and conveniently on our online giving platform, [tithely](http://tithely.com). Please continue your weekly stewardship! Our treasurer is Nicholas Reidy (nsreidy@gmail.com).

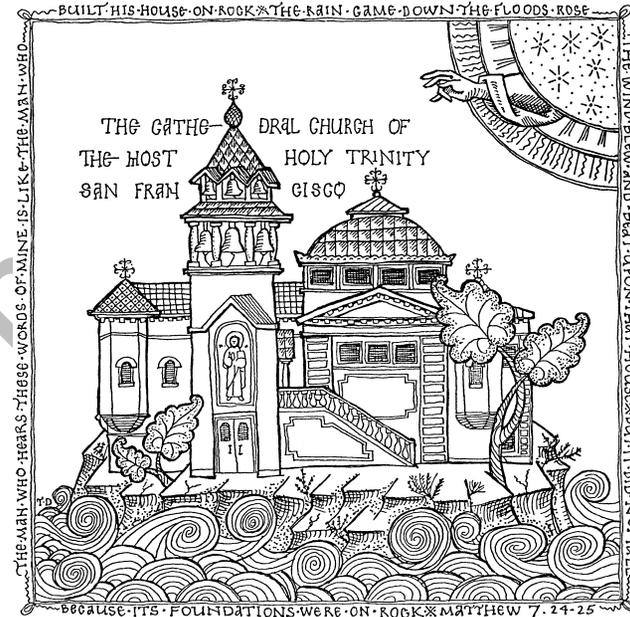
This Week at Holy Trinity

- Sun. Mar. 15:** 7:00 pm Parish Council Meeting by video conference
- Wed. Mar. 18:** 6:00 pm Liturgy of the Presanctified Gifts
Parking available Wednesday at St. Brigid's
- Fri. Mar. 20:** 6:00 pm Liturgy of the Presanctified Gifts
Parking available Friday at St. Brigid's
- Sat. Mar. 21:** 6:00 pm Vigil with Veneration of the Cross
Parking available Saturday at St. Brigid's
- Sun. Mar. 22:** **Third Sunday of Great Lent - Veneration of the Cross**
10:00 am Divine Liturgy
Parking available Sunday at St. Brigid's

Contact Fr. Kirill

Question? Would you like to talk? Or be on the email list?
FrKirill@holy-trinity.org • 415-673-8565

Holy Trinity Cathedral



Sunday, March 15, 2020

Most Reverend Benjamin,
Archbishop of San Francisco and the West

Very Reverend Dr. Kirill Sokolov, Dean

1520 Green Street
San Francisco, California
holy-trinity.org

Orthodox Church in America
Diocese of the West

Today's Epistle
Hebrews 1:10-2:3
Today's Gospel
Mark 2:1-12

2nd Sunday of Great Lent.
St. Gregory Palamas.
Tone 5.

Today's Epistle

Heb. 1:10-2:3

"Thou, Lord, in the beginning hast laid the foundation of the earth, and the heavens are the works of Thy hands. They shall perish, but Thou remainest. And they shall all wax old, as does a garment. And as a vesture shalt Thou fold them up, and they shall be changed. But Thou art the same, and Thy years shall not fail."

But to which of the angels said He at any time, "Sit at My right hand, until I make Thine enemies Thy footstool"? Are they not all ministering spirits, sent forth to minister for the sake of those who shall inherit salvation?

Therefore we ought to give more earnest heed to what we have heard, lest at any time we drift away. For if the word spoken by angels proved to be valid, and every transgression and disobedience received a just retribution, how shall we escape if we neglect so great a salvation?

Today's Gospel

Mark 2:1-12

At that time, when Jesus returned to Capernaum after some days, it was reported that he was at home. Immediately many gathered together, so that there was no longer room to receive them, not even near the door. And He preached the word to them. Then they came to Him, bringing a paralytic who was carried by four men. And when they could not come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying.

When Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven you."

And some of the scribes were sitting there and reasoning in their hearts, "Why does this Man speak blasphemies like this? Who can forgive sins but God alone?"

But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, "Why do you reason about these things in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven

you,' or to say, 'Arise, take up your bed and walk'? But that you may know that the Son of Man has power on earth to forgive sins"—He said to the paralytic, "I say to you, arise, take up your bed, and go to your house." Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, "We never saw anything like this!"

The Presence of God in Prayer

In his *Triads*, St. Gregory Palamas (1296–1359) presents the Orthodox Dogmatic basis for ascetical life and "Hesychasm" – a concept that was foreign to influential Latin theology and scholasticism. St. Gregory Palamas interpreted the experience of the Church by presenting logical arguments, based on the Scripture and the writings of the Fathers. Addressing the question of how it is possible for humans to have – in this life! – knowledge of a transcendent and unknowable God, he drew a distinction between knowing God in His *essence*, or nature, and knowing God in His *energies*, *actions*, or the *means* by which He acts.

To elaborate, he made a comparison between God and the sun. The sun has its rays, God has His energies (among them, grace and light). By His energies, God creates, sustains, and governs the universe. By His energies, He transforms creation and deifies it, that is, He fills the new creation with His energies as water fills a sponge. These actions or *energies* of God are the true revelation of God Himself to humanity. So God is incomprehensible and unknowable in His nature or essence, but knowable in His energies. It is through His actions out of His love to the whole creation that God enters into a direct and immediate relationship with humans, a personal confrontation between creature and Creator.



Many Years!

Birthdays:

Gregory Tylawky (Mar 19)
Dr. Ronald Panteleimon Eisner (Mar 21)

Namedays:

Patrick Smith (Mary 17)
Matushka Patricia Jorgenson (Mar 17)
Daria Eldridge (Mar 19)

Welcome

Please join us downstairs
for our fellowship meal!
We look forward to
meeting our guests and
visitors.

Thank You!

Thanks to Tamara for
preparing today's meal!