

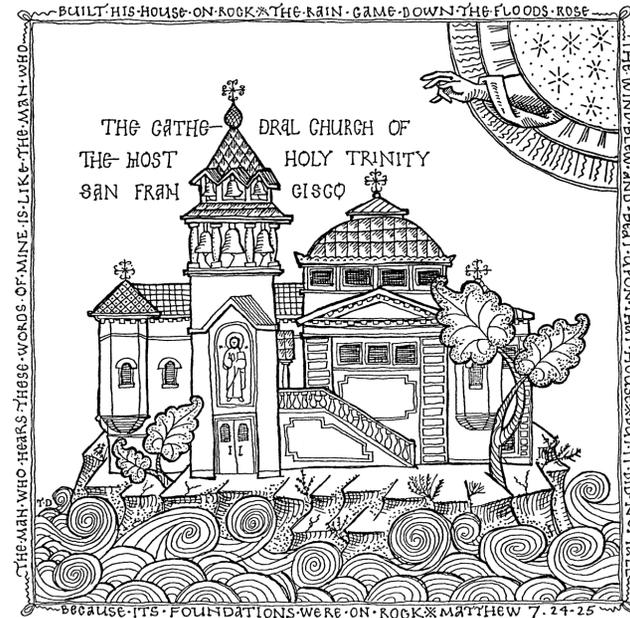
## Clean Week 2020 at Holy Trinity Cathedral

- Sun. Mar. 1:** Today after Liturgy: Church School  
**6:00 pm Forgiveness Vespers**  
*Let's begin Lent together, with forgiveness!*  
Parking available at St. Brigid's Sunday
- Clean Mon. Mar. 2:** **FIRST DAY OF THE GREAT FAST**  
7:00 am Matins  
9:15 – 1:45 Service Project at St. Anthony's  
6:00 pm Compline with Great Canon  
Parking available at St. Brigid's all day Monday
- Clean Tue. Mar. 3:** 7:00 am Matins  
12:00 pm Lenten Hours  
6:00 pm Compline with Great Canon  
Parking available at St. Brigid's for evening
- Clean Wed. Mar. 4:** 7:00 am Matins  
6:00 pm Liturgy of the Presanctified Gifts followed by potluck  
Parking available at St. Brigid's for evening
- Clean Thu. Mar. 5:** 7:00 am Matins  
12:00 pm Lenten Hours  
6:00 pm Compline with Great Canon  
Parking available at St. Brigid's for evening
- Clean Fri. Mar. 6:** 7:00 am Matins  
6:00 pm Liturgy of the Presanctified Gifts  
Parking available at St. Brigid's for evening
- Sat. Mar. 7:** 5:30 pm Panikhida for Fr. Victor Sokolov  
6:00 pm Vigil & Confessions
- Sunday of Orthodoxy** Daylight Saving Time Begins
- Sun. Mar. 8:** 10:00 am Divine Liturgy and fellowship meal followed by annual meeting of the Stewards  
Parking available at St. Brigid's Sunday

### Contact Fr. Kirill

Do you have a question or would you like to talk?  
FrKirill@holy-trinity.org • 415-673-8565

## Holy Trinity Cathedral



Sunday, March 1, 2020

Most Reverend Benjamin,  
Archbishop of San Francisco and the West

Very Reverend Dr. Kirill Sokolov, Dean

1520 Green Street  
San Francisco, California  
[holy-trinity.org](http://holy-trinity.org)

Orthodox Church in America  
Diocese of the West

## Today's Epistle

Rom. 13:11-14:4

## Today's Gospel

Matt. 6:14-21

**Sunday of Cheesefare. Expulsion  
of Adam and Eve from Paradise.  
Forgiveness Sunday. Tone 4.**

## Today's Epistle

*Romans 13:11-14:4*

Brethren: Besides this you understand that it is now time for us to awake from sleep; for now is our salvation nearer to us than when we first came to believe. The night is far spent, the day is at hand. Let us therefore cast off the works of darkness, and let us put on the armor of light. Let us walk in decency as in the daylight, not in revelry and drunkenness, not in debauchery and wantonness, not in strife and jealousy. But put on the Lord Jesus Christ, and make no provision for gratifying the desires of the flesh.

If a man is weak in faith, welcome him without arguments over opinions. For one believes that he may eat all things, while the weaker man eats only vegetables. Let him who eats not despise the one who does not eat; and let the one who does not eat not judge him who eats; for God has welcomed him. Who art thou to judge another's servant? It is before his own master that he stands or falls. But stand he will; for God is able to make him stand.

## Today's Gospel

*Matthew 6:14-21*

The Lord Said: For if ye forgive men their trespasses, your heavenly Father will also forgive you: But if ye forgive not men their trespasses, neither will your Father forgive your trespasses. Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward. But thou, when thou fastest, anoint thine head, and wash thy face; That thou appear not unto men to fast, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly. Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal: But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal: For where your treasure is, there will your heart be also.

## Announcements

- **Welcome Guests and Visitors.** We are delighted to have you join us at our service today in worshipping the Holy Trinity. You are cordially invited to join us for the fellowship luncheon after the service. We would love to greet you and answer any questions.
- **Begin with forgiving your brothers and sisters:** *We begin the Great Fast tonight, March 1, with Vespers and the moving Rite of Forgiveness at 6:00 pm.* Before we enter the Lenten fast, we are reminded that there can be no true fast, no genuine repentance, no reconciliation with God, unless we are at the same time reconciled with one another. A fast without mutual love is the fast of demons. We do not travel the road of Lent as isolated individuals but as members of a family. Our asceticism and fasting should not separate us from our fellow humans but link us to them with ever stronger bonds. The Lenten ascetic is called to be for others.
- **"I was hungry and you gave me food."** On the first day of Lent, Monday, March 2, in addition to the divine services, from 9:15-1:45 we are scheduled to prepare and serve lunch at St. Anthony's Dining Room. *We could still use a couple of more hands for this effort – please check with Fr. Kirill today!*
- **St. John's Monastery:** A parish work retreat will take place **Friday, March 20 – Saturday March 21** (with an optional stay through Sunday morning) at St. John's Monastery, Manton. Please check in with Protodeacon Brendan about this beautiful opportunity to be part of the life of the monastery for a weekend!
- **Lenten Retreat.** We have invited Archpriest Alexander Garklavs of Parma, OH, and former Chancellor of the Orthodox Church in America, to lead to our Lenten Retreat on Saturday, March 28. Please mark your calendars! His theme: "Orthodox Worship: Affirmation, Inspiration & Salvation."



### Many Years!

#### Birthdays:

Justin Disney (Mar 5)

#### Wedding Anniversary:

Deanna & Steven Micros (Mar 2)

#### Anniversary of elevation:

Protodeacon Brendan Doss  
(Forgiveness Sunday 2013)

### Lenten Potluck

This Wednesday, after Presanctified Liturgy, is our first Lenten potluck.

### Thank You!

Many thanks to all who prepared today's "Cheesefare" fellowship meal! We will have a meeting of our Stewards next Sunday.