

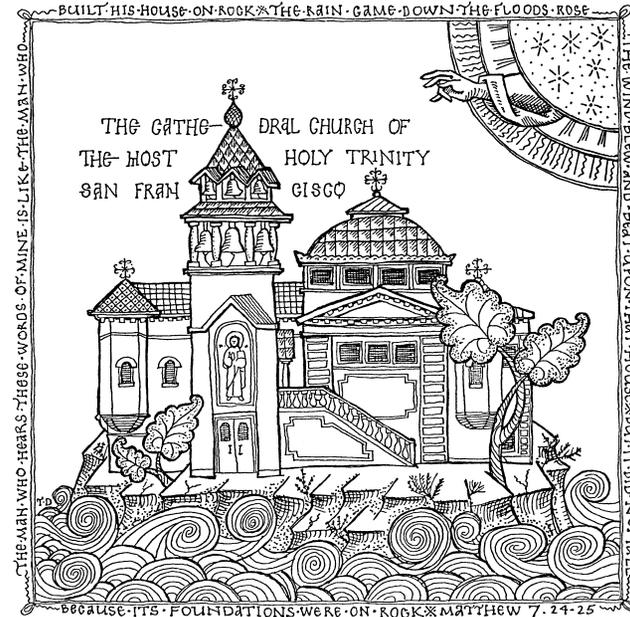
## Clean Week 2019 at Holy Trinity Cathedral

- Sun. Mar. 10:** 6:00 pm Forgiveness Vespers  
*Let's begin Lent together, with forgiveness!*  
*Parking available at St. Brigid's Sunday.*
- Clean Mon. Mar. 11: FIRST DAY OF THE GREAT FAST**  
7:00 am Matins  
12:00 pm Lenten Hours  
6:00 pm Compline with Great Canon  
*Parking available at St. Brigid's for evening.*
- Clean Tue. Mar. 12:** 7:00 am Matins  
12:00 pm Lenten Hours  
6:00 pm Compline with Great Canon  
*Parking available at St. Brigid's for evening.*
- Clean Wed. Mar. 13:** 7:00 am Matins  
6:00 pm Liturgy of the Presanctified Gifts followed by potluck  
*Parking available at St. Brigid's for evening.*
- Clean Thu. Mar. 14:** 7:00 am Matins  
12:00 pm Lenten Hours  
6:00 pm Compline with Great Canon  
*Parking available at St. Brigid's for evening.*
- Clean Fri. Mar. 15:** 7:00 am Matins  
6:00 pm Liturgy of the Presanctified Gifts  
*Parking NOT available at St. Brigid's.*
- Sat. Mar. 16:** 5:30 pm Panikhida for Fr. Victor Sokolov  
6:00 pm Vigil
- Sun. Mar. 17:** 10:00 am Divine Liturgy and fellowship meal.  
  
6:00 pm Sunday of Orthodoxy Vespers with His Beatitude, Metropolitan Tikhon  
Reception following for Bay Area faithful.  
*Parking available at St. Brigid's Sunday.*

### Contact Fr. Kirill

Do you have a question or would you like to talk?  
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## Holy Trinity Cathedral



### Sunday, March 10, 2019

Most Reverend Benjamin,  
Archbishop of San Francisco and the West

Very Reverend Dr. Kirill Sokolov, Dean

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Orthodox Church in America  
Diocese of the West

## Today's Epistle

Rom. 13:11-14:4

## Today's Gospel

Matt. 6:14-21

**Sunday of Cheesefare. Expulsion  
of Adam and Eve from Paradise.  
Forgiveness Sunday. Tone 8.**

## Today's Epistle

*Romans 13:11-14:4*

Brethren: Besides this you understand that it is now time for us to awake from sleep; for now is our salvation nearer to us than when we first came to believe. The night is far spent, the day is at hand. Let us therefore cast off the works of darkness, and let us put on the armor of light. Let us walk in decency as in the daylight, not in revelry and drunkenness, not in debauchery and wantonness, not in strife and jealousy. But put on the Lord Jesus Christ, and make no provision for gratifying the desires of the flesh.

If a man is weak in faith, welcome him without arguments over opinions. For one believes that he may eat all things, while the weaker man eats only vegetables. Let him who eats not despise the one who does not eat; and let the one who does not eat not judge him who eats; for God has welcomed him. Who art thou to judge another's servant? It is before his own master that he stands or falls. But stand he will; for God is able to make him stand.

## Today's Gospel

*Matthew 6:14-21*

The Lord Said: For if ye forgive men their trespasses, your heavenly Father will also forgive you: But if ye forgive not men their trespasses, neither will your Father forgive your trespasses. Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward. But thou, when thou fastest, anoint thine head, and wash thy face; That thou appear not unto men to fast, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly. Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal: But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal: For where your treasure is, there will your heart be also.

## Forgiveness Sunday

The last of the preparatory Sundays has two themes: it commemorates Adam's expulsion from Paradise, and it is also the Sunday of Forgiveness. There are obvious reasons why these two things should be brought to our attention as we stand on the threshold of the Great Fast. One of the primary images in the *Triodion* is that of the return to Paradise. Lent is a time when we weep with Adam and Eve before the closed gate of Eden, repenting with them for the sins that have deprived us of our free communion with God. But Lent is also a time when we are preparing to celebrate the saving event of Christ's death and rising, which has reopened Paradise to us once more (Luke 23:43). So sorrow for our exile in sin is tempered by hope of our re-entry into Paradise: "May He open unto me the gates which I closed by my transgression, and may He count me worthy to partake of the Tree of Life, and of the joy which was mine when I dwelt in thee before." Note how the *Triodion* speaks here not of "Adam" but of "me": "May He open unto me the gates which I closed." Here, as throughout the *Triodion*, the events of sacred history are not treated as happenings in the distant past or future, but as experiences undergone by me here and now within the dimension of sacred time. The second theme, that of forgiveness, is emphasized in the Gospel reading for this Sunday (Matthew 6:14-21) and in the special **Ceremony of Mutual Forgiveness** at the end of Vespers on Sunday.... Before we enter the Lenten fast, we are reminded that there can be no true fast, no genuine repentance, no reconciliation with God, unless we are at the same time reconciled with one another. A fast without mutual love is the fast of demons. As the commemoration of the ascetic saints on the previous Saturday has just made clear to us, we do not travel the road of Lent as isolated individuals but as members of a family. Our asceticism and fasting should not separate us from our fellow humans but link us to them with ever stronger bonds. *The Lenten ascetic is called to be for others.* —From the forward to the *Lenten Triodion*



### Many Years!

#### Birthdays:

John McBride (Mar 13)

Mahalya Kim (Mar 13)

#### Anniversary of elevation to Protodeacon:

Protodeacon Brendan Doss  
(Forgiveness Sunday 2013)

### Lenten Potluck

This Wednesday, after  
Presanctified Liturgy, is our first  
Lenten potluck. Bring a little  
something to share.

### Thank You!

Many thanks to all who prepared  
today's "Cheesefare" fellowship  
meal!