

## Announcements

- **Veneration of the Precious Cross:** We love to venerate the Cross and to sing about what Jesus Christ accomplished for us on His Cross. Even though next weekend promises to be a major effort, we will celebrate the Vigil for the Cross Saturday, March 10, at 6:00 pm. Near the end of the Vigil, the Cross will be brought out of the altar in a solemn procession so we can all venerate it singing “Before Thy Cross, we bow down in worship, O Master, and Thy holy resurrection, we glorify.” Our Archbishop Benjamin and Archbishop Michael of New York and New Jersey will be with us for this great commemoration.

### This Week at Holy Trinity

**Wed. Mar. 7:** 6:00 pm Liturgy of the Presanctified Gifts followed by potluck supper and inquirers class

**Fri. Mar. 9:** 11:00 am Liturgy of the Presanctified Gifts  
40 Martyrs Luncheon and mini-retreat for area clergy

**Sat. Mar. 10** **Annual Lenten Retreat with Abp. Michael of NY**  
“The Gospel and the Gospels” 8:30 am Divine Liturgy  
10:00 am Registration, coffee, light breakfast  
11:00 am First Talk (see flier for more details)  
6:00 pm Vigil of the Veneration of the Cross  
*Parking available Saturday at St. Brigid’s*

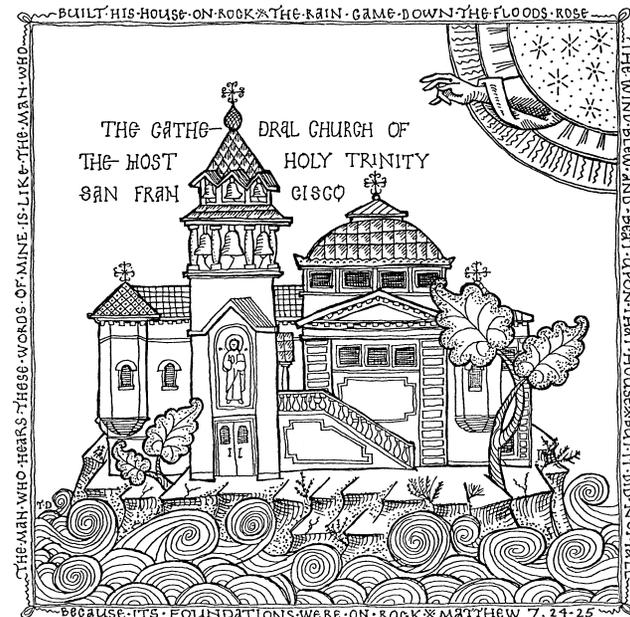
**Sun. Mar. 11:** 10:00 am Divine Liturgy  
Veneration followed by fellowship meal  
of the Cross *Parking available Sunday at St. Brigid’s*

Visit: [holy-trinity.org](http://holy-trinity.org)  
for our complete monthly calendar.

### Contact Fr. Kirill

*Have a question or need to chat?*  
FrKirill@holy-trinity.org • 415-673-8565

## Holy Trinity Cathedral



### Sunday, March 4, 2018

Most Reverend Benjamin,  
Archbishop of San Francisco and the West

Very Reverend Dr. Kirill Sokolov, Dean

1520 Green Street  
San Francisco, California  
[holy-trinity.org](http://holy-trinity.org)

Orthodox Church in America  
Diocese of the West

**Today's Epistle**  
Hebrews 1:10-2:3  
**Today's Gospel**  
Mark 2:1-12

**39<sup>th</sup> Sunday after Pentecost**  
**2<sup>nd</sup> Sunday of Great Lent.**  
**St. Gregory Palamas.** Tone 6.

## Today's Epistle

*Heb. 1:10-2:3*

And, "Thou, Lord, in the beginning hast laid the foundation of the earth, and the heavens are the works of Thy hands. They shall perish, but Thou remainest. And they shall all wax old, as does a garment. And as a vesture shalt Thou fold them up, and they shall be changed. But Thou art the same, and Thy years shall not fail."

But to which of the angels said He at any time, "Sit at My right hand, until I make Thine enemies Thy footstool"? Are they not all ministering spirits, sent forth to minister for the sake of those who shall inherit salvation?

Therefore we ought to give more earnest heed to what we have heard, lest at any time we drift away. For if the word spoken by angels proved to be valid, and every transgression and disobedience received a just retribution, how shall we escape if we neglect so great a salvation?

## Today's Gospel

*Mark 2:1-12*

At that time, when Jesus returned to Capernaum after some days, it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the

scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk'? But that you may know that the Son of man has authority on earth to forgive sins"—he said to the paralytic— "I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

## St. Gregory Palamas on Prayer and Joy

"Prayer changes from entreaty to thanksgiving, and meditation on the divine truths of faith fills the heart with a sense of jubilation and unimpeachable hope. This hope is a foretaste of future blessings, of which the soul even now receives direct experience, and so it comes to know in part the surpassing richness of God's bounty, in accordance with the Psalmist's words, "Taste and see that the Lord is good" (Ps. 34:8). For He is the jubilation of the righteous, the joy of the upright, the gladness of the humble, and the solace of those who grieve because of Him."



### Many Years!

#### Birthdays:

Justin Disney (Mar 5)

Elena Edel (Mar 7)

Alexandra Thompson (Mar 8)

#### Anniversary:

William Paul Barnes (Reception  
into Church; Mar 8)

### Thank You!

Thanks to Andrew Swires for  
preparing today's lunch!

### Church School Today

Church school classes today  
begin ten minutes or so after  
fellowship meal begins.